ArtSkills

Science Fair SOS!



10 TIPS ON HOW TO GIVE A GREAT PRESENTATION WITH EASE



1 PRACTICE OUT LOUD



Practice may not be perfect, but it sure does help! You might think you are comfrotable with your presentation because you have read it over and over again, but BEWARE!!

- Speaking out loud, plus nerves make for a very bad presentation. Try finding a family member to listen to you practice.
- Aim for 10 times.



2 NO IFs, ANDs OR BUTs

We can all sympathize with someone who is stumbling through a sentence.

- If you lose your place or get nervous, just pause, take a breath and restart your sentence.
- Avoid the tendency to fill with speech bloopers.
- Examples include: ("Um","Er", "Uhh", "Uhh")

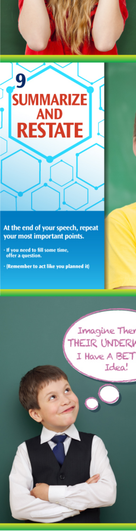
3 BODY LANGUAGE



Practice your presentation in front of a mirror. You won't believe what you hands and feet are doing while you are speaking!

- Shifting your weight from leg to leg is for gym class, not your presentation!
- Remember that your audience is hearing AND seeing your presentation.
- Therefore, practice exactly how and where you will stand, sit, move, or point, etc. It's all part of a great performance!

4 TIMING IS KEY



When you are practicing your speech, time yourself, especially if your speech must take a minimum amount of time.

- SLOWDOWN. Nerves can make you speak so fast that you will be finished with your presentation and even YOU won't know what was said. Take your time and keep breathing.

5 EYE CONTACT

Make sure that, at least several times during you speech, you look up at your audience.

- Eye contact keeps people interested in what you are saying. Pick a pleasant face to match eyes with every now and again.

This small tip will give you confidence and make you look like a pro.

6 DON'T FORGET TO SMILE

When you make that eye contact don't forget to smile.

- **It really IS contagious. There's nothing quite like looking out at a smiling audience to encourage you.**

7 HAVE INDEX CARDS READY

When using index cards for your presentation, make sure to:

- Number them in order so that you don't lose track of your place.
- Attach them together with a metal ring.
- Use large and clear lettering.
- Look up while you are speaking. Avoid staring at the cards and "reading" your presentation.

8 EXPECT THE UNEXPECTED

Take it all in stride.

- Remember, even when things don't go as planned, keep smiling.

9 SUMMARIZE AND RESTATE

At the end of your speech, repeat your most important points.

- If you need to fill some time, offer a question.
- (Remember to act like you planned it)

10 APPLY YOUR IMAGINATION

If your nerves are getting the best of you, try picturing the audience in their underwear.

This may cause uncontrollable giggling. Only attempt if desperate.