
Apple Sauce original
TREE TOP
Grower Owned Since 1960
www.treetop.com
Nutrition Facts
Serv Size 1 Unit (113g)
Servings 6
Calories 70
*Percent Daily Values (DV) are based on a 2,000 calorie diet.
Amount/Serving % DV* Amount/Serving % DV*
Total Fat 0g 0% Total Carb 18g 6%
Sodium 0mg 0% Dietary Fiber 2g 8%
Potassium 150mg 4% Sugars 15g
Protein 0g
Vitamin C 100%
Not a significant source of Calories from Fat, Saturated Fat, Trans Fat, Cholesterol, Vitamin A, Calcium and Iron.
Nutrition Facts: Serving Size: 1 pack (50g) (1 biscuit), Amount Per Serving: Calories 200, Fat Cal 70, Total Fat 8g (12% DV), Sat Fat 2g (10% DV), Trans Fat 0g, Polyunsat Fat 2g, Monounsat Fat 3.5g, Cholest 10mg (3% DV), Sodium 220mg (9% DV), Potassium 95mg (3% DV), Total Carb 22g (7% DV), Fiber 3g (12% DV), Sugars 10g, Protein 10g (20% DV), Vitamin A (0% DV), Vitamin C (0% DV), Calcium (6% DV), Iron (10% DV), Thiamin (10% DV), Riboflavin (10% DV), Niacin (10% DV), Vitamin B6 (10% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.
belVita
PROTEIN


Alfaro's® presents Artesano™ Golden Wheat bakery bread - a soft wheat bread with a rich, wholesome flavor the entire family will love! It's baked with olive oil, sea salt and honey - a combination so delicious, you'll want to eat it with every meal! Get creative and use it for delicious French toast, grilled cheese, warm paninis, and more.
Nutrition Facts
15 Servings Per Container
Serving Size 1 slice (38g)
Amount per serving
Calories 100
% Daily Value*
Total Fat 1.5g 2%
Saturated Fat 0g 0%
Trans Fat 0g
Polyunsaturated Fat 0g
Monounsaturated Fat 0g
Cholesterol 0mg 0%
Sodium 180mg 8%
Total Carbohydrate 19g 7%
Dietary Fiber 1g 4%
Total Sugars 3g
Includes 3g Added Sugars 6%
Protein 4g
Vitamin D 0mcg 0% • Calcium 45mg 4%
Iron 1.0mg 6% • Potassium 50mg 0%
Thiamin 0.1mg 10% • Riboflavin 0.1mg 8%
Niacin 1.4mg 8% • Folate 35mcg DFE 8% (30mcg folic acid)
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, WHOLE WHEAT FLOUR, SUGAR, WHEAT GLUTEN, YEAST, HONEY, SEA SALT, WHEAT BRAN, OLIVE OIL, SOYBEAN OIL, CALCIUM PROPIONATE (TO PRESERVE FRESHNESS), MONOGLYCERIDES, DATEM, NATURAL FLAVORS, CITRIC ACID, SOY LECITHIN, POTASSIUM IODATE. R17-111-201321
CONTAINS WHEAT, SOY.
MADE IN A BAKERY THAT MAY ALSO USE MILK, TREE NUTS.
BIMBO BAKERIES USA, INC.
HORSHAM, PA 19044
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CONTAINS 75mg SODIUM PER SERVING COMPARED TO 150mg IN PLANTERS DRY ROASTED PEANUTS

Nutrition Facts

Serving Size 1oz (28g/about 39 pieces)
Servings Per Container about 16

Amount Per Serving	
Calories 170	Calories from Fat 120
	%Daily Value*
Total Fat 14g	22%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 7g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Potassium 210mg	6%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	10%
Sugars 1g	
Protein 7g	8%

Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 8%

Vitamin E 10% • Niacin 20% • Phosphorus 10%
Magnesium 10% • Manganese 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: PEANUTS, SEA SALT.

CONTAINS: PEANUT.

MANUFACTURED ON EQUIPMENT THAT PROCESSES TREE NUTS.

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...isins are naturally sweet--

Nutrition Facts

servings per container about 23
Serving size 1/4 cup (40g)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 31g	11%
Dietary Fiber 2g	7%
Total Sugars 29g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 310mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CALIFORNIA SEEDLESS RAISINS